



Facing New Challenges

Last month, the new Board met in Auckland to discuss how best to meet the challenges of the new year. The major outcome of the two meetings was to refocus our energies to the regions.

Dorothy Finlay, a retired FCN living in Tauranga has accepted the invitation to have a Prayer Focus.

We will update her immediately on prayer needs of the Association and its members. Please forward any requests to Diane. In addition, the Biblical texts so valued last year by Board members and others will be texted to all members via the Regional Coordinators each week.

Secondly we ask your

prayers and input as we seek to divide the role of National Coordinator into National Administrator and Outreach Coordinator. We are seeking someone willing to take over the routine secretarial and treasurer role to release Diane to visit the regions to: meet and support FCN's; meet with their ministers; speak with church leaders and congregations and publicise the work of NZFCNA from the "grass roots".

Obviously this requires us to re-channel our financial resources too and opens up the need to seek funding at the local level. We are currently applying for grants from the Selwyn Foundation

and an Auckland based grant from Guardian Trust. In the current economic climate we all need to be creative with how we act as stewards of the income we receive. Please pray about these applications and thanks to Isabel Mordecai (our newest Board member) for leading the way. We thank God for all His gifts especially our new FCN's: Rachael Westenra newly commissioned to work in Marlborough and Julie Kane in Oamaru as she too starts on the basic introductory course.



Elaine, Annie, Diane, Joan and Isabel at Board meeting in Auckland in February 2013

Affiliation with NZNO

At the February Board meeting, our friend Angela Clark, one of the Professional Nursing Advisors for NZNO was invited to share the potential benefits of forming closer links with their organization to enable us to have increased educational

opportunities, professional expertise, improved networking and other advantages such as a closer link with the Ministry of Health. Any FCN who is a member of NZNO can' by paying a membership fee of \$25.00, join the College of Primary Health Care Nurses.

Follow the links on the website. We are exploring how we can make links with NZNO without losing our unique focus as nurses working in primary care where spiritual health is an essential aspect of our care.

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Special points of interest:

- Keeping up to date so your practice is safe—p.2
- Do you have some time to contribute to the Association—see p. 2
- See what our members are doing — pp 2 & 3

Changes in the law

It's important to keep up to date with legislation so that you are practicing safely. NZNO are running workshops around the country currently where the Professional officers are ensuring that members are fully aware of the new Code of Conduct from the Nursing Council. It is a very comprehensive document, and actually provides a good deal more guidance for you than previous versions. You can read it online, or download it.

One aspect that the NZNO staff have helped attendees at the workshops understand better is our responsibility in relation to assessing and reporting any abuse of vulnerable people that we may become aware of in our practice—whether women, children or older people.

We urge you to attend one of these workshops, and if the times/dates/venues are not suitable for you, do let your local office know. If enough members request further sessions they may be able to provide them.



Seeking another Board member

Our Board numbers are currently lower than a full complement. This means that the few members must take on more roles. Some invitations have been made to good people, but they've been unable to commit to the work.

We invite you to consider people you know in the organization who could make a good contribution and talk with them, and your regional representative.

Please spend some time in prayer about this—we may address the situation in a

new way by inspiration and guidance coming from your quiet reflection and conversations with God.

“consider people you know who could make a good contribution”

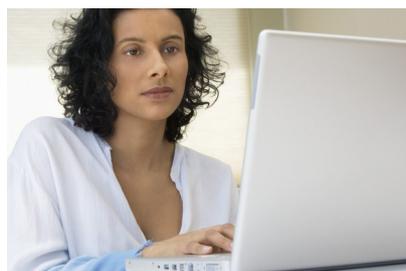


Changes to website

Do keep visiting our website to see what is new. Stories of practice are welcome, especially with photographs. Remember to ensure that you have permission to take and 'publish' photographs. It can be safer to avoid faces of people, even if they say they're ok about it.

Let us know what you expect to see on the website, and if it is not there, we can explore getting up information or resources that you need.

<http://www.faithnursing.co.nz/>



Cultural competence and the Treaty of Waitangi

Cultural Awareness

An online foundation course on cultural competency, designed specifically for health workforce professionals, was released in July.

The multimedia, interactive course provides an understanding of New Zealand's culturally diverse population, with an in-depth emphasis on Māori culture. Each training module is supported by videos, video transcripts, additional reading resources and library references.

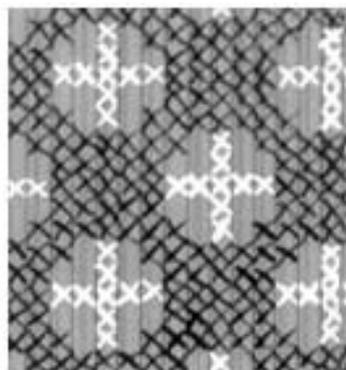
For more information, and to register, go to <http://www.mauriora.co.nz/>

If you live at distance from courses that you could attend, you may find these online courses work for you.

We are aware from media reports that culture is strongly tied to good health outcomes, and that Maori in particular experience worse health than all other groups. Understanding with our hearts and minds, and with Jesus' words in our consciousness, we will be better able to work to change this situation.

You may also like to visit this site:

<http://www.nzhistory.net.nz/politics/treaty/read-the-treaty/english-text>



Successful audit

Phil Preece in Golden Bay, Nelson, was audited by Nursing Council of New Zealand in February 2013. Congratulations, Phil—you reassure others that it is possible.

In preparation for the audit Phil worked with Elaine Tyrrell to complete self and peer assessments. Elaine visited Phil in her daily work, and observed visits and activities by arrangement. Together they determined the examples and materials needed to show competence.

What we see here is that audit can be done with collegial help, even in rural settings.



Phil Preece

Good support and cooperative work help achieve a successful audit in a rural setting.

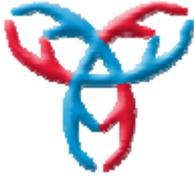
Working ecumenically in a rural setting

Rachael Westenra is the latest in a number of Faith Community nurses who works ecumenically. She is a Roman Catholic nurse working in the Awatere Valley in Marlborough, where she was recently commissioned by Bishop of Nelson Rt Revd Richard Elena. Rachael is working within the Anglican church setting, but has links with other denominations. Her parish priest was part of her commissioning service, showing support and recommendation. Our or-

ganization was represented by Raewyn Parkes from the neighbouring parish of Blenheim/Picton/Spring Creek. The Very Revd Charles Tyrrell (Patron) welcomed her on behalf of NZFCNA. Rachael regularly attends regional group in Nelson. She works at Wairau Hospital as well as her faith community work. Rachael and her husband are involved in viticulture, so well-established in the rural community.



Rachael Westenra



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Trust in the Lord with all your heart.

Proverbs 3:5

Keep in touch via Facebook

Don't forget to visit us on Facebook:

<https://www.facebook.com/pages/Australian-and-New-Zealand-Faith-Community-Nurses-Associations/209155325784354>

Not only will you find local news, but also Australian news. We assure you that our members receive warm welcomes when visiting our Australian colleagues.

This site also provides links to international groups and news. You can leave messages and enjoy the informality that Facebook provides. Note that there is a 'sign-in' section for members.

You can also encourage others who may be interested in FCN but not yet ready to engage.

