THE QUEEN'S 90TH BIRTHDAY HONOURS LIST 2016

Citation from The Governor General

The Queen's Service Medal

TYRRELL, MRS ELAINE FRANCES

For services to health

Mrs Elaine Tyrrell was the first Anglican Parish Nurse in New Zealand and began this service at Nelson Cathedral in 1998.

Mrs Tyrrell has since overseen the establishment of the New Zealand Faith Community Nurses Association, which now supports Church-based nurses throughout the country. Parish Nurses promote the integration of faith and health in a variety of ways that reflect the context of the faith community and include such services as health advocacy, health counselling, health education and resource referral. She was Chair of the Board of the Association until 2014 and continues in the role of Board Advisor, which she has held since 2007. She has collaborated on the writing of training models for new Parish Nurses. Mrs Tyrrell’s promotion of parish nursing led to its development in the United Kingdom and the establishment of links with nurses in Australia, Canada and the United States.

New Name  NZFCNA newsletter now has a name, FCN Handover. As Elaine Tyrrell’s news takes pride of place in this publication of FCN Handover you may have missed our new look. We are always on the lookout for articles and stories for our members and other interested readers, so please forward to the editor anything suitable you find.

2016 CONFERENCE, NELSON
SATURDAY 10 AND SUNDAY 11 SEPTEMBER 2016
For full details and your last minute registrations go to our website
Faith Community Nurses aim to encourage, promote and provide effective health ministries within their churches and wider community.

Valerie Olivia Sirett

A courageous lady who died after a recent illness. Val had many different jobs during her lifetime and tried many different pursuits and activities.

Throughout Val's life she touched so many people with her smile and general love of life. As a young person she would go to the local convent and help the nuns take care of people. This would be her calling for a life of taking care of others.

Val qualified as a registered nurse in England at the age of 22. Val worked for the BOAA as an air hostess from approximately 1963-1969. In the early 1970's Val worked as a nanny in Mexico. Her nursing career saw her working for the Flying Doctor Service in Derby, Australia and in 1995 serving as a nurse in the New Zealand army as an army captain based at Burton, Waiouru and Wigram camps. In 1983 she worked at Queen Marys Hospital in Hammer Springs.

Val moved to Nelson and became involved in the life of Nelson. Valerie belonged to the Boat House and Civic Choirs in Nelson. Val tried her hand at many different activities from board games, caregiving, learning Te Reo Maori and Spanish to tramping and travelling around the world and going over to Golden Bay frequently. She also had a love of music, shows and films. Val’s special ‘friend’ Rupert bear went everywhere with her.

Val was a long standing member of New Zealand Faith Community Nurses Association worked as the Parish Nurse at Nelson Cathedral from 2001 - 2008 during which time she attended an international Parish Nursing Conference. Everywhere Valerie went she was always promoting Parish Nursing (also known as Faith Community Nursing). You would often hear Valerie asking, have you heard about Parish Nursing or do you know what it is about. Val regularly attended the annual conferences of NZFCNA sharing her faith and nursing experiences.

Val was a Voluntary Chaplin Assistant and Locum Chaplin at Nelson Hospital for 11 years. (2005-2016) Just recently Valerie received a tribute and the Mayor’s bouquet for her long and faithful service to the Nelson community.

Valerie lived and loved life to the fullest. Life was an adventure for her. She will be missed by many. Val often used to say Tally-Ho chaps and Adios Amigos. So Tally-Ho Valerie and Adios Amigo.

Jane Wulff
Colleague and friend
Parish Nurse, Nelson Cathedral
Board member, NZFCNA

What is Faith Community Nursing?

“The practice of Faith Community Nursing includes care that supports: physical and psychological functioning, protection against harm, the family as a unit, effective use of the health care system, the health of the congregation and the community as well as facilitating lifestyle change with particular emphasis on coping assistance and spiritual care.

All this is dependent on the Faith Community Nurse being able to effectively mobilize volunteers in the congregation to support this model of health ministry.”

Ann Solari-Twadell.
UK symposium, November 2013

From the board NZFCNA

2016/2017 Financial year memberships are now due for payment for Christians with an interest in Faith Community Nursing.

Individual full membership is for NZ Registered Nurses with a current practising certificate. Associate membership is suitable for clergy, nursing students and those working with the FCN in a volunteer capacity and other interested individuals. Group membership is for organisations who have applied to the Board for a formal affiliation with NZFCNA.

For full details and to complete a membership form go to our website.
From our FCN’s

A story from Helen Vaughan

Nurses Christian Fellowship International (NCFI) World Congress

The **Purpose of NCFI** is to connect Christian nurses around the world, equipping them to live out their faith in professional practice.

The **Mission of NCFI** is to equip and encourage Christian nurses to integrate Biblical principles and Christ-centred values in clinical practice, leadership, education and research.

Every four years the NCFI holds a world congress; this year’s congress was held in the Philippines and I was privileged to attend as one of three delegates from the recently re-formed Nurses Christian Fellowship of New Zealand.

It was a wonderful experience to meet and talk to nurses from Africa, Mongolia, Ukraine, South America, Scandinavia, the USA to name but a few of the 35 nations represented among the 300 plus delegates. It was even more wonderful for us to be able to worship God together.

There was Bible teaching from Luke 10 each morning; professional nursing education and workshops. Learning from Nurses from around the world really does broaden one’s horizons. One gem that I brought home was from Luke 18 v 41; Jesus giving an example of others “what do you want me to do for you”. A reminder for us not to assume anything; especially that people want to be healed. An example was given of a women with cerebral palsy who was content with her life as it was, she did not want healing.

In two years’ time there will be a regional Pacific Asia conference in Taiwan, then in four years’ time the next world congress will be in Colorado USA; if you would love to do some travelling and meet with nurses from around the world this would be great way to do it!

Faith Community Nursing is recognised and promoted through NCFI and I was able to chat about it with several nurses from different countries. I had discussions with Marabel Kersey from the USA who has been writing an International FCN curriculum to be used through NCFI.

The next workshop is being held in Auckland on 4 & 5, 18 & 19 November. Find out more on the [Selwyn website](http://www.selwyn.org.nz) or contact Rev. Anne Russell-Brighty anne.adrian@xtra.co.nz

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**The Selwyn Foundation**

*It’s the people, it’s the people, it’s the people*

Reflecting on the first day I was reminded of the Māori proverb:

*He aha te mea nui o te ao*

*What is the most important thing in the world?*

*He tangata, he tangata, he tangata*  *It is the people, it is the people, it is the people*

Walking on Holy Ground – introduction to nurturing the spirit in aged care

Workshops for the Certificate in the Pastoral Care of Ageing People

These workshops offered by the Selwyn Institute for Ageing and Spirituality are designed to encourage ministry development among lay and ordained Christians in the area of aged care. Key topics include how to minister to those who have moved to residential care complexes, to people in grief and those with special needs, and how to care for people with dementia and their loved ones.

The next workshop is being held in Auckland on 4 & 5, 18 & 19 November. Find out more on the [Selwyn website](http://www.selwyn.org.nz) or contact Rev. Anne Russell-Brighty anne.adrian@xtra.co.nz
Ros Vercoe reports at a recent Nelson area Regional Meeting

‘Numbers are still slow but those that I’ve seen, have made some significant changes. I have started to go into Nelson on Wednesday mornings to be available during Community Ministries drop-in time and been well utilised by clients.

I have become a committee member for The W.A.Y. (Waimea Adults and Youth) Trust, headed by Dave Harris from Christians Against Poverty which is aimed at providing a drop-in place for youth and adults. "The mission of the Trust is to create a safe and neutral environment where at risk people in our towns and cities can be helped to become valued members of our community". They have just become a charitable trust and looking for funds and a venue in central Richmond to run from.

Ma's Place is another venture that opened in Richmond earlier this year by Carol Marshall and it is a "hub and a safe place for pregnant women and young families to access the support of a caring community. Our aim is that families facing an unplanned pregnancy or lacking support are enabled to thrive, not just survive." They provide education sessions, clothing and resources for Mum's and babies, creche so that Mum's can go and have a sleep in another part of the house.

These 2 services, along with mine have all had a vision of providing a service for those in our community that are requiring support in different areas of their lives. Our foundation and vision is similar, but our target groups vary. We can all dovetail into each other’s services/clients to provide a safe haven within our community.'

By SONIA SCOTT
July 29 2016

Support for female products

Salvation Army has recently launched a new online initiative allowing shoppers to donate $15 women’s hygiene bundle to young women who go without sanitary products. The initiative follows a steady increase of requests over the last year as prices have increased.

Major Pam Waugh, Head of Salvation Army Community Ministries, reported “Many women, particularly mums with teenage daughters, who were receiving food parcels through organisation’s lifeskills programme and been “quietly asking” for pads and tampons to included in their hampers”.

Other supporters told stories of students skipping school and university or using “newspaper, telephone books, rags, ” as sanitary products has prompted a campaign to provide the necessary items to those in need.

Salvation Army territorial public relations director Shane Chisholm boldly advocated for men to take some action saying the charity was seeing more demand than ever before for the products, and while men may not be directly affected, they needed to take responsibility for solving the problem as well. “It wasn’t something I was aware of and I don’t think, speaking on behalf of many Kiwi males, we don’t think of these things and it’s something that needs to be communicated and we need to be educated about these things and be able to support as a community.

“It’s not just a women’s issue, it’s a community issue.”

If you wish to donate to support young kiwi women to purchase female sanitary products click here Foodbank Project.
NZFCNA acknowledges the following organisations and individuals from whom it has received funding and donations in 2015/2016, without which we would be unable to operate.

Newspaper

Estate Planning
We are grateful to those donors who remembered NZFCNA in their estate planning during the past year. Bequests to NZFCNA contribute significantly to our long-term financial well-being, and help us ensure the success of our programmes. Naming NZFCNA organisation in your will is not difficult, and you can designate any amount or % of your estate that you wish. As you make plans for your estate, we hope that you will consider a bequest to us. For more information about bequests and other planned gifts, please email us at admin@faithcommunitynursing.nz

Dementia Today: Diverse Communities Collective Action

is the title chosen for the

Alzheimers Asia Pacific Regional Conference and Alzheimers NZ

Biennial conference which takes place 3 – 5 November 2016 in Wellington at the TSB Arena and Convention Centre. Registrations are already open on the conference website.

This is a leading conference for all those who are affected by dementia, policy makers, service providers, health and care professionals, researchers and NGOs. With top flight speakers from New Zealand and overseas will share the latest research, evidence, learnings and insights, as well as a strong focus on real life case studies, and what works.

Dementia Today: A Practical Guide

Developing a Dementia-Friendly Church: A Practical Guide

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