

## From the Editor

This newsletter comes wishing you a very Blessed Christmas. Kris is having a break from her Editor role as she completes all her extra studies for the year. On behalf of the Board, I thank her for all her input in this position and we look forward to her skills again in 2010. Helen Vaughan has kindly contributed several items for this edition in addition to her new role on the Board. We are keen that as many members as possible should forward any items which they have found helpful in their Faith Community nursing: reviews of books, journal articles or websites; prayers or items for prayer; practice tips from their ministry; anything which could make this newsletter a resource of support and inspiration. The new Board will meet in February to review again our goals for the coming year, to plan for the 2010 conference which will be held in Wellington and to seek God's guidance for our future. So looking back on 2009, we thank Him for some of the highlights:

- ❖ New PN/FCN ministries commissioned: Joan McManus in Te Awamutu, Jane Wulff in Nelson and those in training
- ❖ The faithfulness of retiring PN/FCNs including Valerie Sirett in Nelson and Anne Simonsen in Taradale
- ❖ The updating of the NZFCNA website
- ❖ The trial and completion of the distance learning modules of the Basic Introductory Training course
- ❖ Appointment of Very Revd Charles Tyrrell as our Patron
- ❖ The opportunities our National Coordinator, Diane and other members have had to speak to national and local groups
- ❖ The meetings within our regions and the more effective networking developing thanks to Diane and the regional coordinators
- ❖ The presentations to different church leaders within the Baptist, Presbyterian and Anglican Church
- ❖ Developing relationships with PN/FCNs in other parts of the world on a more personal basis

Finally I commend our Pacific Island nurses to your prayers as they continue to support their people in Samoa and Tonga. It has been an amazing privilege to learn of their contribution as Christ's "hands and feet" in healing as well as being a source of funding to those whose lives have been torn apart by the Tsunami.

Wishing you God's blessings

*Elaine*

## WEBSITES TO CHECK OUT!

### NZNO: source of indemnity insurance and nursing information

NZNO did listen to members and did not increase their low-income earners rate as previously planned which is good for some FCN/PN's who work in voluntary positions. For details see: <http://www.nzno.org.nz/membership/fees>

## AN IMPORTANT NEW WEBSITE:

### Health Navigator New Zealand



Health Navigator NZ is a new online resource developed by GPs, nurses and allied health professionals for our colleagues and patients/clients. The health information portal was launched at the RNZCGP conference 11 September 2009 in Wellington, NZ and can be viewed at [www.healthnavigator.org.nz](http://www.healthnavigator.org.nz)

The purpose of the site is to make it quicker, easier and safer to find reliable

health information and self-help resources (particularly for common long-term conditions) and to link everything together into one place thereby reducing some of the duplication and fragmentation currently experienced across the sector. A further aim is to develop a useful resource for health providers with a focus on improving chronic care, self management support, evidence-based care, reducing health inequalities, continual quality improvement and improving health outcomes. The project is being led by the Health Navigator Charitable Trust in collaboration with a range of partner organisations including NGOs, PHOs and several District Health Boards. Use of the site is free and independent of any drug company funding or influence. Additional topics will be added as approved content providers or topics editors are identified.

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### GOT AN IDEA THAT NEEDS FUNDING?

From Christian Social Services Policy Watch 16 Nov 2009:

#### United Way NZ Funding Grants

And on the topic of philanthropy United Way is calling for applications from community based human welfare charities operating in greater Auckland, Manawatu, Horowhenua, Marlborough, Tasman, Canterbury, Otago and Southland areas. Topics include helping children and youth succeed, strengthening and assisting families, supporting the vulnerable and elderly and promoting wellness, independence and self sufficiency. Applications can be completed online closing 31st December 2009. Further information on 09 3772544 or email [Patsy@unitedway.org.nz](mailto:Patsy@unitedway.org.nz)

Online: <http://www.unitedway.org.nz/>

## **Regional Roundup**

### **From Canterbury/Westland**

Our support group, meets quarterly here in Christchurch, setting aside a whole morning. Within that time we have breakfast together, share where we are all at on our respective journeys, and reflect on some aspect of practice pertaining to FCN. We then study the Bible relating to this, and finish our time sharing points for prayer in response to the topic, for personal needs and for the growth of the movement. Everybody leaves the gathering energized on a personal level and buzzing with enthusiasm for the potential of the role of FCN in their own contexts. It has been said by them that each event has been like a mini conference.

### **Hawkes Bay/Manawatu**

On 17th Oct. 09 Anne Simonsen met with 11 other FCNs at the Catholic Cathedral in Palmerston North. After lunch we listened to a presentation given by Katrin Kaiser on her experience of and the value in completing the FCN education modules. There was a great deal of interest shown by the group with many questions put forward. The support and encouragement shared was really appreciated by all present. It was unanimously agreed that meetings should continue to be held approx 6 weekly. All those present who had attended the National Conference spoke with enthusiasm of how 'great' and 'uplifting' it was.

### **Nelson/Golden Bay Region**

We had a party on October 3<sup>rd</sup> to celebrate Valerie Sirett's ministry at Nelson Cathedral and we awarded her a certificate from NZFCNA acknowledging her long service and work within the association.



*Valerie, Rupert Bear and members of her Ministry team and PN team*

Recently, Jane Maries, now Wulff, accepted the invitation to become the next Parish Nurse at Nelson Cathedral. This has been a long journey of patience and change for her and I know we will be blessed. She will be in a voluntary position but we still await discussions within the Anglican Diocese of Nelson for the provision of a full-time paid parish nurse in the city.

Elaine Tyrrell is negotiating with Prof Barbara May from Linfield College, Portland Oregon to visit Nelson in January together with a group of nursing students to look at Parish Nursing here in New Zealand.

## **DIRECT NEWS OF THE IMPACT OF THE TSUNAMI**

### **In October, Anevili wrote:**

“I’ve just returned back from Samoa two nights ago, after burying 8 of my husband’s family members including his sister, baby nephew and other relatives in the village of Malaela. This is one of the villages that have taken refuge camp up in the mountains, with no health aid assistance. I made it my job to treat some of the relatives with infected wounds, with some of the staff given to me by the unit. Some of the babies that were caught up in the waves with their mother’s, had the chesty cough and runny noses were treated with antibiotics brought from over the counter, and thanks to the pharmacologist for their help and advice of medication in a chemist in Apia.”

### **An Image of the aftermath**



Photo taken by SHM Nurse, Katie Fruean – Team 2. Brief stop on way to duty at Lalomanu. Truck (Dyna) had been removed from where it was suspended on a tree. A baby was found alive in it by its father who ran back home to fetch his mother.

*News courtesy of Anna Bailey from Samoa Health Mission*

## PLANNING FOR THE FUTURE

### Getting Commissioned?

If you are planning a commissioning service then why not seek resources and ideas from others – contact Charles Tyrrell on [charles@nelsoncathedral.org](mailto:charles@nelsoncathedral.org) or Joan on [joanmacmanus@hotmail.com](mailto:joanmacmanus@hotmail.com)

### Interested in Going to the Westberg Symposium?

## DR. JOAN BORYSENKO TO SPEAK AT 2010 WESTBERG SYMPOSIUM



### JOAN BORYSENKO, PhD

President of Mind-Body Health Sciences, LLC  
Medical Scientist, Psychologist and Spiritual Director

Co-Founder & Former Director of Harvard's first Mind/Body Clinic

Author of 14 books on healing, spirituality, and resilience

[www.JoanBorysenko.com](http://www.JoanBorysenko.com)

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### Planning some FCN study in 2010?

NZFCNA members have a very valuable resource in the Kinder Library located at St John's College in Auckland. They have several specific FCN books and also there is access to many on-line journals. It is no problem if you do not live anywhere near there; simply register as a member, send \$20 to set up a postage account, select your book online, it will arrive in the post and then you return it by the due date. Once the \$20 has run out the Library will let you know so that you can top up your account. [www.kinderlibrary.ac.nz](http://www.kinderlibrary.ac.nz)

Contact Diane on [admin.faithnursing@xtra.co.nz](mailto:admin.faithnursing@xtra.co.nz) for an application form for the library or if you are not a member, then ask her for a membership form!



## Partnership in Ministry Prayer

(From the IPNRC newsletter, Nov 2009)

Gracious and everlasting God, we thank you for the blessing of partners in ministry. We are called to work together to bring comfort and hope, as you work your healing and wholeness in the world. You have given each a role to play in ministries of health, tending body, mind, and spirit, in the settings of congregation, community, and home. Help us to support each other as we seek to meet the many needs for wellness promotion, health education, access to needed care, and follow-up for those who are suffering from infirmities. Help us to lift each other in prayer, to strengthen bridges of communication, and to watch for the leading of your Spirit as we find opportunities to multiply your ministries in the world.

We give thanks for all who partner with us, as we seek together to follow your commandment to preach, teach, and heal in your fields which are "white already to harvest." May you guide and sustain us all. This we pray in your Holy Name. AMEN.

## 2010: International Year of the Nurse

The centenary of Florence Nightingale's Death

Check out: <http://www.2010iyn.net/>

Any ideas about how we as an association should celebrate this special year? Let one of the Board or the National Coordinator know.



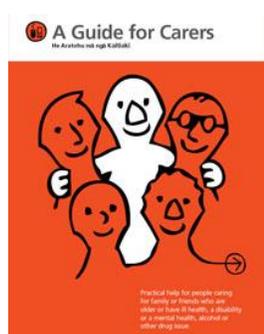
## New Website for Healthcare/Nursing Jobs

Check out: [www.christiancareernz.com](http://www.christiancareernz.com)

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## Possible Useful Resource: A Guide for Carers

<http://www.msd.govt.nz/what-we-can-do/community/carers/index.html>



This is practical help for people caring for family or friends who are older or have ill health, a disability or a mental health, alcohol or other drug issue.

## Resources on Food

When visiting Princess Margaret Hospital earlier this year I picked up the following useful pamphlets:

- ❖ Shopping and Cooking FOR ONE
- ❖ How to Eat More VEGETABLES and FRUIT
- ❖ QUICK Easy Meals
- ❖ How to GAIN WEIGHT; Suggestions for Older People Wanting to Gain Weight

Whilst these are prepared with older people in mind, they would suit a range of people. Copies of the brochures reprinted in 2008 are available from Community Health Information Centre, 80 Chester Street East, PO Box 1475, CHRISTCHURCH. Tel (03) 364 7844 or email [chic@cdhb.govt.nz](mailto:chic@cdhb.govt.nz)

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Check out too [www.nzfsa.govt.nz](http://www.nzfsa.govt.nz) which is the website for our Food Safety Authority. They publish a number of leaflets and fact sheets including:

- ❖ Food Safety in the Home
- ❖ Understanding Food Labels

Order on Freephone 0800 894 2642 or email [info@nzfsa.govt.nz](mailto:info@nzfsa.govt.nz)

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## Keeping You Informed: NZFCNA submission to Nursing Council

We submitted a response to Nursing Council regarding proposed changes to the RN Scope of Practice. Here is the conclusion of their reply to us after the compilation of their survey:

“It is intended that the analysis of submissions will be used to inform the Nursing Council’s decision making on the registered nurse scope of practice. The feedback from submitters identified that there was no single option that most supported, but that a solution may involve aspects of some options. What appears clear is that flexibility of the registered nurse scope is valued, that the national consistency of standards and process is required and that costs and resources are a key consideration.

*We do not have a clear preference for any of the four options. The important criteria is a process for determining:*

- *What fits within RN and expanded roles is understood by nurses, employers and others.*
- *National standards for those working in expanded roles.*
- *NCNZ has oversight and an overview of the process.*
- *Scope of practice statement is clear and can be consistently interpreted by all.*
- *Education preparation and competency assessment are consistent nationally and monitored by NCNZ for public safety (44).”*

Full details can be found on their website on [www.nursingcouncil.org.nz](http://www.nursingcouncil.org.nz)