



## NEW ZEALAND FAITH COMMUNITY NURSES ASSOCIATION NEWSLETTER

March 2004

365 Trafalgar St  
Nelson

P.O. Box 64  
Kaiapoi

### From the Chairperson's desk

At last our association is official. We have received incorporated status and IRD tax exemption. This means we have status as a charitable society. Diane has done a sterling job with all the fine details and moving things along. We thank her for her commitment. The constitution is available for any member of the association; contact the secretary, Diane for a copy.

We are now developing standards based upon the competencies as required by Nursing Council for our competency-based practising certificate. Any nurse who works solely as a FCN will have to comply with Nursing Council requirements stringently. We should all be working on our portfolios. See article later in the newsletter.

Congratulations to Jenny Campbell for her appointment as Facilitator for Parish Nursing in the Diocese of Wellington.

We continue to get a steady flow of contacts from interested nurses around the country. Therefore the Board have decided to run a **training conference/workshop for current, new and potential Parish nurses.** So book Saturday, 8<sup>th</sup>, August 2004 in your diary and contact us for a registration form and for further details. Venue Selwyn Village, Point Chevalier, Auckland. There are some cheap airfares at present so book ahead. Contact Selwyn Village on: phone 098460119 or NZFCNA Chairperson, Elaine or Diane, Secretary. The programme will address practical and spiritual aspects of the work and include topics such as faith-based community nursing in the parish context within a changing health environment, documentation, elderly care, current FCN practice and working in a team. Our AGM will be held in the afternoon and Board members elected will meet in the evening. **Please promote this within your area and to any interested nurses, ministers and pastors.**

The need for ongoing publicity, support networks and theological training suitable for FCN's, was addressed at the Board meeting and members will be informed of progress. We have much to give thanks for. On many occasions it has felt that God has gone before and prepared the place and people we have met with. I also acknowledge and thank the work of those who have contributed in so many ways to support and promote this wonderful ministry. May we all keep centred on the source of this ministry and seek God's guidance in everything.

Regards Elaine

#### Inside this issue...

Nationwide Roundup p 3

PHO initiative p 5

Those Portfolios p 6

Courses available in N.Z &  
Australia p9-10

Useful Books and Websites  
P 12

#### Chairperson

Elaine F Tyrrell  
The Deanery  
365 Trafalgar Street  
Nelson  
Tel/fax: 03 548 8574  
Email: [etyrrell@xtra.co.nz](mailto:etyrrell@xtra.co.nz)

#### Secretary/Treasurer

Diane Webster  
P.O. Box 64  
Kaiapoi  
Tel: 03 312 2430  
Fax: 03 312 2431  
Email:  
[cgwebster@xtra.co.nz](mailto:cgwebster@xtra.co.nz)

**A Reminder that the Board members are:** Margaret Birtles, Dorothy Finlay, Raewyn McDonagh, Jenny Campbell, Ruth Lyons, Shelley Mills, Wendy Scott, Diane Webster, Elaine Tyrrell, Heather Spence, Marjorie Newcombe, Pauline French. Please feel free to contact them.

### **Membership with NZFCNA**

Please submit your registration form and fees to become a member of NZFCNA as soon as possible. This will ensure that you are included on our database, receive regular newsletters, have the opportunity to have your voice heard in the running of this association and be part of nursing history!!

**We suggest that your faith community be approached to pay for your membership and at \$25 per annum we felt that was realistic. We shall be using the funds to network, liase with Nursing Council and other agencies, provide an annual conference and support those as they seek to serve God in this valuable ministry**

Please feel free to encourage others to join too – membership is open to any interested in this ministry so student nurses for example can become associate members and churches can become group members.

**HELP** needed for establishing a website AND with putting the newsletter together. Please contact secretary if you can help.

Topics for AGM to Wendy Scott

Email [w.scott@ucol.ac.nz](mailto:w.scott@ucol.ac.nz)



### ***Prayer requests***

- Continue to pray for the work of NZFCNA especially in the work of the competencies and Nursing Council approval.
- Please pray for the organisation of the training day/AGM in August
- Pray that the motion to the Anglican General Synod is accepted, to ensure that policies and standards are put in place and the idea is promoted.
- Please pray for funds to ensure ongoing training opportunities.
- Please continue to pray for the work of AFCNA who have so generously shared all their resources with us.



### What NZFCNA is doing Nationwide

**AUCKLAND from Ruth Lyons.** St Peters Parish, Pakuranga is establishing a FCN ministry to address the needs of its community. Ruth has the enthusiastic support of her Vicar and has formed an advisory group who are networking with other local parishes in the development stage of related projects. Questionnaires have been sent to all in the parish asking what they can offer to the team. Information has been given of available community support services and the team is planning educational talks by specialists ie diabetes and mental health workshops.

Great Stuff Ruth!

### **HAMILTON from Elizabeth Hopper**

On a Christmas wish list Elizabeth put in her Parish Magazine asking for a walker and a wheelchair – they had a number of frail and elderly people who could use them at services and especially the frail attending funerals. Elizabeth has received both. **Praise God!** A recent Eucharist and afternoon tea for the frail proved a point of need for a wheelchairs and walker to get folk from their cars to the sanctuary and back again. She had a team of volunteers who collected the elderly and help her with the organisation of this event. A group of thirty attended and was enjoyed immensely by all. She has also been learning about how funerals are done in the church and funeral home. Where the body goes, when and how long for. An interesting topic amongst some parishioners. She also is dealing with a number of cancer patients and is trying to support them and carers as often as possible.

Elizabeth was invited to give a talk on FCN at another church in Hamilton. They are hoping to start using a couple of the nurses in their congregation as Parish Nurses later this year.

So things are going well and she is pleased with the way things are moving.

Keep up the good work Elizabeth!

### **PALMERSTON NORTH**

Wendy Scott RSON BN P.G. Dip Nursing, Lay Minister Parish of Pohangiau Ashhurst . Nursing lecturer U.C.O.L. Palmerston North.

What an exciting start to 2004! Vestry have approved the introduction of FCN into our Parish. We are exploring the role and see this year as a building year. We have a desire to see the role grow in God's grace. Regionally in the Manawatu we have a bi-monthly support group meeting open to all people supporting the role of the FCN. As a regional group our aims this year are to 1. Develop training for faith community nurses which we will open to all those who want to come. 2. Investigate the role PHO's and how FCN can work alongside this important primary health care initiative. 3. Continue to support the introduction and development of the role of FCN regionally and nationally. If you would like minutes of our support group meeting please email [w.scott@ucol.ac.nz](mailto:w.scott@ucol.ac.nz)

VIEW WENDY'S ARTICLE IN THE Kai Tiaki February issue,  
'Evidence alone is not enough to bring about practice change' p14.

**KAIAPOI** – Diane and Lesley are working on the early stages of getting FCN started. They have found the resource manual guidelines very helpful.

**GREYMOUTH** - Marjorie Newcombe has received her Parish Nurse Licence from the Bishop of the Nelson Diocese.

**NELSON** - Valerie Sirett' Valerie reports: The Parish Nurse team continues to work hard in its special way coordinating with the Pastoral team in promoting holistic health within the Cathedral family. I was licensed as the Cathedral Parish Nurse by Bishop Derek at evening service on Sunday 6<sup>th</sup> July 2003.

Activities in the past year included weekly and monthly Walks for Health in and around Nelson. Health education undertaken since March 2003 include Meningitis Awareness Day; an informative talk from the Community Law office on the Privacy Code related to Health Information; The Faith Community Nursing Conference; Daffodil Day display of information from the Cancer Society on the notice board; The Health and Disability Act, informative talk; and The Hearing Association therapist give us a very professional presentation.

Professional Development sessions attended ie “Whakaata ikei runga manaaki - Reflection of Caring”; meetings of the Mental Health assoc. and the Supporting Families Nelson assoc.; workshop by the Public Health Services on the Health and Physical Recreation curriculum in schools. In November I spoke on the role and ministry of the Parish Nurse at Synod in Blenheim outlining the services provided.

At present we are involved with the ‘Relay for Life’ helping with and in the community to raise funds for Nelson Cancer Society. The funds raised here will be used in Nelson to support individuals and the families of those currently living with cancer. Our focus during the year has been to find ways of being responsive to the needs of parishioners, by visiting at home or hospital, providing transport when possible and being available to support when needed.

## 12 WARNING SIGNS OF HEALTH

Wheat Ridge Ministries provide a list of indicators to alert a people that they may actually be on the road to health! The 12 signs are:

1. Persistent presence of supportive friends.
2. Chronic positive expectations – a tendency to frame events positively.
3. Regular signs of joy in living.
4. A sense of spiritual renewal in the Lord.
5. Increased sensitivity to others.
6. A tendency to adapt to changing conditions.
7. Increased appetite for physical activity.
8. A tendency to identify and communicate your feelings.
9. Repeated episodes of gratitude and generosity.
10. A compulsion to care for other people.
11. A persistent sense of humour. Known to laugh out loud.
12. A life centred in the forgiveness of Christ.

*“May the God of hope fill you with all joy and peace as you trust in Him so that you may overflow with hope by the power of the Holy Spirit.” Romans 15:13*

MINISTRY OF HEALTH'S INITIATIVES TO IMPROVE INFORMATION ABOUT PHO'S

Received from Healthcare Aotearoa:

[Susan\\_Burrows@moh.govt.nz](mailto:Susan_Burrows@moh.govt.nz) [mailto:[Susan\\_Burrows@moh.govt.nz](mailto:Susan_Burrows@moh.govt.nz)] **On Behalf Of**  
[Primary\\_Healthcare@moh.govt.nz](mailto:Primary_Healthcare@moh.govt.nz)

**Sent:** Tuesday, 20 January 2004 9:36 a.m.

**To:** [Primary\\_Healthcare@moh.govt.nz](mailto:Primary_Healthcare@moh.govt.nz)

**Subject:** PHO Communication Initiatives

Dear all,

Most of you will be aware the Ministry has been working on communications initiatives aimed at raising public awareness of the PHO environment.

This is to let you know that our first information-based communications project for the year has been to launch a freephone number to give the public easy access to information on PHOs. This number is **0800 252 464**. To promote this number we've been running a two-week radio advertising campaign on all 21 iwi radio stations and four Pacific stations. We're also printing wallet-sized cards with the number -- for distribution to all PHOs/practices -- as well as 0800 poster stickers that can be applied to the posters already distributed. The freephone number will be incorporated into the artwork for all new poster print runs. We expect these cards and stickers, along with posters and leaflets for the six new PHOs that came onstream on 1 January 2004, to be sent out at the end of the month.

Next week we start a second-phase radio advertising campaign on a number of regional radio stations. The 30-second ad talks about PHOs, the importance of enrolment, how PHOs aim to keep people well in the community and the 0800 number.

District Health Board and Ministry of Health staff are also being interviewed on some of the stations to help promote awareness of PHOs among listeners.

We've taken a multi-layered approach to help spread the word about PHOs as they roll out, including producing promotional leaflets and posters.

The Ministry is also working on other new initiatives to communicate the PHO concept, including a 30-second television advertisement to screen in March and the revamp of our primary health care website ([www.moh.govt.nz/pho](http://www.moh.govt.nz/pho)). The new-look web pages should be online by the end of the month.

A campaign to get community newspapers to run stories on local PHO projects has also been successful, with stories published in most regions and many picked up by more than one media outlet.

Information leaflets on PHOs have now been translated into 10 languages – Maori, Samoan, Tongan, Cook Island Maori, Niuean, Fijian, Tokelauan, Chinese, Japanese and Korean.

Jim Primrose  
Chief Advisor General Practice  
Clinical Services Directorate  
Ministry of Health  
DDI: 04 496 2552  
Mobile: 021 366 403  
Fax: 04 496 2342

<http://www.moh.govt.nz>  
[mailto:jim\\_primrose@moh.govt.nz](mailto:jim_primrose@moh.govt.nz)

## **Those Portfolios..**

Those of you who attended the training course in Nelson last July will remember the session run by Angela Bradley of Nursing Council. It left many of us feeling rather overwhelmed. However, having started on collating items for my own portfolio, I know that this is much easier than it seemed then.

With the passing of the Health Practitioners Competence Assurance (HPCA) Act in September 2003, Nursing Council are now working towards the introduction of competency-based practising certificates from 31 March 2005. If you have to renew your certificate this year, there are no extra expectations but you should certainly be getting your portfolio together, so I offer a few suggestions.

### **Suggestion One**

Get yourself a ring binder with some plastic sleeves and begin to collect the following:

- A current curriculum vitae
- A position/job description
- A performance appraisal
- Evidence of professional development (at least 10 days worth within 5 years)
- Evidence of 3 months practice in last 5 years
- Exemplar of practice
- Article review

### **Suggestion Two**

If you are working in another nursing position as well as your parish nursing you will need to think about demonstrating evidence of both areas of work. You could include them in the same folder though.

### **Suggestion Three**

Talk with other nurses, especially parish nurses and see what they are doing. It might be a good idea to get together for a session when you review what you have done and what you need to address.

### **Suggestion Four**

Attend any sessions, which your workplace is offering to keep you informed and read the nursing literature. Check out the references at the end of this article about exemplar writing.

### **Suggestion Five**

Keep in touch with me if you need support – I am very happy to help. Contact details: tel/fax 03 5488574 [etyrrell@xtra.co.nz](mailto:etyrrell@xtra.co.nz)

## **Getting together a CV**

If you have not got one, it might be an idea to check out some books at your local library – there are a number of publications on this topic. You need to collate your details under the following categories:

- Personal details: name, address, telephone numbers, current position
- Major strengths: think of personal attributes which you bring to your nursing and ministry
- Education and qualifications including when, where and what you have achieved, in date order starting with most recent events
- Employment record including years, your position and the organisation, again in date order

- Courses attended which are applicable to your work/ministry including the initial training course if you attended that
- Conferences and seminars attended: could include events relating to nursing and ministry eg grief counselling
- Membership of committees and groups
- Positions you have held together with dates and organisations
- Professional membership eg NZFCNA, NZNO
- Journal subscription eg Kai Tiaki if you are a member of NZNO
- Interests: to show what a well-rounded character you are!!
- Referees: three with contact numbers and one of whom should be your current employer

### **Job Description**

If you do not have a job description as a parish nurse then you need to develop one. See your minister and talk it over. The AFCNA manual has an example of one.

### **Performance Appraisal**

You need some form of feedback from your minister/faith community. You may need to start to think about how you can ask for evaluation of your role as a parish nurse. This is covered in the training manual. If you have letters of thanks or evaluation of events which you have organised this is all relevant.

### **Professional Development**

The Board of NZFCNA are concerned that we facilitate opportunities for our parish nurses to have appropriate training both theologically and in nursing topics. Check out information of courses advertised in these newsletters. Distance education courses are being evaluated. Your own church may be able to offer you training within the local area or by workshops elsewhere. Research what is available and take advantage of them. Check in with your local Practice Nurse associations and see if you can join them for regular in-service training. Check out church newspapers or local mail for courses and do not forget your local polytechnics or universities. Keep any certificates of attendance or of achievement and place those in your portfolio too.

### **Evidence of Practice**

This will be shown by your job contract, which should include the number of hours you work per week. If you do not have a contract you need to draw one up. You should be keeping a simple record of your weekly hours including time to prepare health promotions, visits, phone calls etc. You will be surprised how it mounts up.

### **Exemplars**

These are your stories. Remember how you share the events of your nursing with your colleagues and reflect on how you did well or what you would do differently? That is an exemplar. The only difference is that you need to write it down. See the references below. If you have never done one before, then just sit down and write. You can fine-tune it later. It is best to write about something soon after it has happened. I am hoping that some of you might send some into us to publish, so we can celebrate how God is working through this ministry. I know there are some wonderful stories out there. Some of you will be already journaling and so you will have a fund of examples. The key is to **reflect** upon what happened and include that in your "story". Your exemplars will demonstrate how you fulfil the 11 competencies required by Nursing Council. We are currently working on developing standards for parish nursing based on these competencies. They will include examples of how as a parish nurse you fulfil these requirements.

## **Article Review**

Find a recent magazine article, which is seeking to share up-to-date information about current nursing. Read it and then review your thoughts on it including:

- The name of the journal
- Country of origin
- Title of article and year of publication
- What attracted you to the article
- What are the key points made
- What conclusions or recommendations does the article make
- How does it relate to your practice

This might be easier to do for the more practical side of your nursing but I am sure that there are articles too which we could reflect upon more spiritual aspects of our work. If anyone can recommend journals or Christian magazines, which they have found helpful, write and let us know.

**REMEMBER, YOU DO NOT HAVE TO DO THIS ALL AT ONCE!! SELECT ONE OF THESE ITEMS AND GET STARTED. BE AWARE OF THE OTHERS SO YOU CAN COLLATE INFORMATION ON THEM.**

### References

Jones, S. & Rawson, M. (2001) Preparing and Exemplar for Assessment. Kai Tiaki, April 2001, p30-31

Jones, S. & Rawson, M. (2001) How Exemplars are Assessed. Kai Tiaki, May 2001, p20-21

Nursing Council (2001) Guidelines for Competence-Based Practising Certificates for Registered Nurses

O'Connor, T. (2003) New Law Brings Major Changes. Kai Tiaki, November 2003, p11.

Roberts, F. (2004) "Time to Start Work On Professional Portfolios". Kai Tiaki, February, 2004, p22.

Also check out the section on HPCA Act on the website: [www.nzno.org.nz](http://www.nzno.org.nz)

## **Whats health got to do with education?**

Professor Andrew Hornblow, the Dean of Christchurch School of Medicine, University of Otago –

*Perhaps at no point in its history has the human race had such potential either to destroy or to create, to harm or to heal. Informed and educated debate and collective action is still the key as we strive for a healthier society in the new millennium.*

*Recently, a group of ten year olds from a Dunedin School formulated a list of very important issues for them. Some of these were*

*Please talk to us about our problems*

*Help us to understand what is happening in the world.*

*We'd like to help look after the world*

*Please stop poverty*

*Some people don't care much about each other*

*All the scary stuff on the T.V news. We hear things all the time like a mother killing her five children, a mother throwing her baby on the fire, fathers beating and killing their children. This stuff is really scary; even though we don't think our parents will do it, deep down we get scared. We don't want to hear about this stuff. This stuff should not be on the TV news till after 11pm*

*Remember the world is full of choices, but some of us don't have the opportunity to take advantage of those choices.*

## COURSES AVAILABLE IN NZ

\*\*\*\*\*  
\*\*\*\*\*



### Working Well Training Calendar

| Location         | Courses  | Dates                            |
|------------------|--|----------------------------------|
| Invercargill     | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday 11 <sup>th</sup> March  |
| Dunedin          | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Friday 12 <sup>th</sup> March    |
| Christchurch     | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> <li>- Working Well – Creating Balance in your life</li> </ul> | Wednesday 21 <sup>st</sup> April |
|                  |  | Thursday 22 <sup>nd</sup> April  |
| Auckland         | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday, 29 <sup>th</sup> April |
| Palmerston North | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday 6 <sup>th</sup> May     |
| New Plymouth     | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Friday 7 <sup>th</sup> May       |
| Tauranga         | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday 3 <sup>rd</sup> June    |
| Wellington       | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday 10 <sup>th</sup> June   |
| Location         | Courses  | Dates                            |
| Auckland         | <ul style="list-style-type: none"> <li>- Working Well - Creating balance in your life</li> <li>- Supporting Your Staff</li> </ul>  | Thursday 8 <sup>th</sup> July    |
| Rotorua          | <ul style="list-style-type: none"> <li>- Managing Anxiety in the Workplace</li> <li>- Managing Depression in the Workplace</li> <li>- Supporting Your Staff</li> </ul>   | Thursday 22 <sup>nd</sup> July   |

**N.B. The Anxiety and Depression seminars are run together over a three hour period. The ‘Supporting your Staff’ and the ‘Working Well – Creating balance in your life.’ seminars are both three hours long.**

The seminars are structured so it is possible to attend all sessions in the one location where they are offered.

The fee to attend each three hour seminar is \$190 + GST.

30% discount is available to Working Well members. For further information about Working Well membership go to

[www.workingwell.co.nz](http://www.workingwell.co.nz).

For further information or to register please phone 0800 496 754 or e-mail [info@workingwell.co.nz](mailto:info@workingwell.co.nz).

### **INTRODUCING A MODEL OF SPIRITUAL HEALTH**

A training workshop for Pastoral and Health care Professionals- run by Deft  
(Distance Education Formation and Training)

Venues and Date            North Island Hamilton – Houchen House- **8 May 2004**  
   South Island – Christchurch – Anglican Centre - **26 June 2004**

Post your details and \$50 to Deft PO Box 24359 Manners St Wellington

Contact: Erice Fairbrother or Rosie Dell [admin.deft@xtra.co.nz](mailto:admin.deft@xtra.co.nz)

**VINEYARD MINISTRIES** has courses available that are NZQA certified.

Check out their website [urban@vineyard.co.nz](mailto:urban@vineyard.co.nz) or phone 09 3616077 for enquires We are looking at the possibility of them developing a paper for FCN. More details to come. They also have a counselling course that they run through Refocussing at Christian City Church in Auckland. Contact details 09 373 5238 Fax 09 373 5233

### **WHAT IS AVAILABLE IN AUSTRALIA**

#### **THIRD INTERNATIONAL CONFERENCE of AGEING AND SPIRITUALITY**

*Ageing, Spirituality and Palliative Care*

**September 27 – October 1 2004**

Adelaide Festival Centre AUSTRALIA

Further information please contact ph 61 (0) 2 6273 8551 fax 61 (0) 2 6273 4067

Email: [conf@centreforageing.org.au](mailto:conf@centreforageing.org.au) Web Site: [www.centreforageing.org.au](http://www.centreforageing.org.au)

**Introduction to Faith Community Nursing course** in rural Victoria/NSW

**Sept/Oct 2004** at Albury/Wodonga

Robyn Rose Davies is working on a ***FCN Self-Care Kit*** and a continuing education module on self-care which will be available on-line by the end of 2004. This is aimed at preventing the increasing burnout amongst FCN's.

Robyn (AFCNA publicity and promotion officer) is available for telephone support and email counselling as required Ph (08) 8387 1356 or

Email: [daisyrose@eisa.net.au](mailto:daisyrose@eisa.net.au).

Robyn has a Master of Science in Counselling and will be pleased to support you.

#### **GRADUATE DIPLOMA IN THEOLOGY (FAITH COMMUNITY NURSING)**

Interested in doing a fully accredited tertiary Graduate Diploma of Theology, majoring in Faith Community Nursing (GradDipTh(FCN) from the comfort of your home?

Then contact The General Program Administrator, Luther Seminary, 104 Jeffcott Street, North Adelaide SA 5006, Ph (08) 8267 7400

Email: [general@luthersem.edu.au](mailto:general@luthersem.edu.au)

This course is highly recommended by AFCNA as an excellent grounding in theology and its practical application in the FCN role.

**Father, I have a problem. It's weighing heavy on me.****It's all I can think about, night and day...**

Before I bring it to you in prayer,

I suppose I should pray for those who are less fortunate than me—

Those in this world who have hardly enough food for this day,

And for those who don't have a roof over their heads at night.

I also pray for families who have lost loved ones in sudden death;

For parents whose children have leukemia;

For the many people who are dying of brain tumours;

For the hundreds of thousands who are laid waste with other terrible cancers;

For people whose bodies have been suddenly shattered in car accidents;

For those who are lying in the hospital with agonizing burns over their bodies,

Whose faces have been burned beyond recognition.

I pray for people with emphysema, eyes filled with terror as they struggle for every breath;

For those who are tormented beyond words by irrational fears;

For the elderly who are wracked with the pains of ageing, whose only "escape" is death.

I pray for people who are watching their loved ones fade before their eyes through the grief of

Alzheimer's disease;

For the many thousands who are suffering the agony of AIDS;

For those who are in such despair they want to commit suicide;

For the people tormented by the demons of alcoholism, drug addiction and the occult.

I pray for children who have been abandoned and hurt by their parents;

For those who are sexually abused, for wives existing in the despair of abuse;

For people whose minds have been destroyed by mental illness;

For those who have lost everything in floods, fires, tornadoes and earthquakes.

I pray for the blind, who never see the faces of people they love, or the beauty of sunrise,

For those whose bodies are painfully deforming with the ravages of arthritis;

For the many whose lives will be taken from them today by war and famine,

Wasting away and never able to reach their God given potential.

Most of all, I pray for the millions who don't know the forgiveness and love of Jesus Christ

For those who in a moment of time will be swept into hell by the cold hand of death,

And find to their utter horror the unspeakable agony of eternal separation from God,

Oh God, I pray for them.

Strange.... I can't seem to remember what my problem was,,,,,

In Jesus' name I pray...

**USEFUL BOOKS**

TITLE : *Spirituality: the heart of nursing*; Ronaldson, Susan,; Melbourne; Ausmed; 1997

TITLE: *Making sense of SPIRITUALITY IN NURSING PRACTICE*: an interactive approach; McSherry Wilfred; London; Churchill Livingstone: 2000

TITLE: *Being Human: ordinariness in nursing*; Taylor, Beverley J; Lismore, N.S.W; Southern Cross University Press: 2000

TITLE: *Spirituality in Nursing: Standing on holy ground*; Mary Elizabeth O'Brien. Jones & Bartlett. Available from NZNO library

TITLE: *Sent to heal. A handbook on Christian Healing*. Order of St Luke; Harold Taylor: 1993

**Useful web sites** – to access Parish Nursing Information

- [www.afcna.org.au](http://www.afcna.org.au) Australian Faith Community Nurses Association.
- <http://ipnrc.parishnurses.org/index.phtml> International Parish Nurse Resource Center in St Louis
- <http://www.healthministriesassociation.org> Health Ministries Association.
- [www.moh.govt.nz/nursing.html](http://www.moh.govt.nz/nursing.html) Ministry of Health specific to nursing and provides links to publications, nursing education etc. You could check out the Primary Health Care Strategy via this site if you are not familiar with it.
- [www.nzord.org.nz](http://www.nzord.org.nz) - New Zealand Organisation for Rare Disorders
- [www.medicineandstory.com](http://www.medicineandstory.com) Brian Broom, a Christian doctor working in Christchurch has developed this site. He spoke at our first FCN conference in 2001.

## *The Future for NZFCNA*

AGM to be held in Auckland in August;      Continual work on Competencies  
 Continual need for funding;      Continue need for promotion;      Continue need to pray.

**IMPORTANT NOTICE: This is your Newsletter!**

**Please send us any articles, useful websites, pictures, poems, prayers, comments or news, which we could include in future newsletters.**

**We are also very interested to learn more about your skills – perhaps you might consider sending us your CV? We hope to use the expertise we have as an organisation, as we develop this ministry. Such information would be confidential to the Board and only shared with your permission**