

## OVERVIEW OF DISTANCE LEARNING MODULES FOR BASIC INTRODUCTORY COURSE TO FAITH COMMUNITY NURSING

*Please read these notes carefully before starting the modules.*

### Objectives of the Course:

1. To gain an understanding of the integration of faith and health as integral to the role of parish nursing (faith community nursing).
2. To gain the knowledge and skills required to practice as a beginning faith community nurse.
3. To reflect upon your personal spiritual journey as a Christian nurse and receive input from your local support network.
4. To research your local faith community and develop resources relevant to their needs.
5. To develop a commitment to continued spiritual growth to sustain the role of faith community nurse within a faith community.

There are five practical-based modules which are designed to provide opportunities for you to research, reflect, read and produce resources relevant to your own FCN ministry. They include tasks which you need to complete as you progress. The modules are:

### Module A: Creating a Pamphlet

*This module will take the longest since it covers many aspects of faith community nursing in order to assist you to set up your own FCN practice. Subsequent modules cover other parts of the ministry which you need to consider. You may choose eventually to focus on only some of the functions of a FCN with your particular faith community.*

### Module B: Preparing for and Undertaking a Home Visit

### Module C: Education Session

### Module D: A Year Plan

### Module E: Review and Reflect

In addition there are supplementary modules which you can delve into for further background material and reflection. They are referred to in the modules above. They cover the following topics:

Module ONE: Theology of Health and Wholeness

Module TWO: Function of the FCN as Counsellor and Advocate

Module THREE: Function of the FCN as a Resource and Referral Agent

Module FOUR: FCN as Community Builder, Health Promoter and Health Educator

Module FIVE: FCN as Coordinator of Volunteers

Module SIX: FCN as Care Manager

Module SEVEN: A New Zealand Perspective: Working within the Treaty of Waitangi

Module EIGHT: Self Care, Reflection and Maintaining the Ministry

It is anticipated that you will have completed the **introductory module** and be familiar with its content. It may be helpful to refer back to this material as well as you progress through the modules.

Each module has several tasks and they should be completed and discussed with **your mentor**. It is preferred that you make **email contact**<sup>1</sup> with your allocated mentor, who can give feedback or answer your questions as you progress through each module. You will also need to meet with your minister/priest/pastor to discuss some aspects of this ministry. For example, see task 4 of module ONE.

The modules are designed to be followed in **alphabetical order**. It is suggested that you spend more time on those aspects where you believe you need more support. Where material is familiar to you, then you can quickly review this. It is hoped that the main modules as well as the supplementary modules will form a valuable resource for your future needs.

Below is an overview of the complete training course:

Aspect of Nursing	Module	Supplementary module	Additional resource
Personal philosophy and Spirituality	A		
History of Faith Community Nursing	A		
Nursing legislation	A		
Nursing Ethics	A		
Budget preparation	A		
Communication and Advocacy	B	TWO	
Health and Safety	B		
Working with Volunteers and others	B	FIVE	
Documentation	B		
Spiritual assessment	B	THREE	Ppt <sup>2</sup> Debbie Hodge
Treaty of Waitangi and Cultural aspects	B	SEVEN	
Care management	B	SIX	
Theology of health	C	ONE	Complete minister form
Health Promotion	C	FOUR	
Goal-setting and planning	D		Ppt. Michelle Shin
Self-care	E	EIGHT	Ppt Jane Maries
Nursing Council registration and your portfolio	E		
Commissioning	E		

<sup>1</sup> If this is not possible, let us know as soon as possible.

<sup>2</sup> PowerPoint presentation

## **NZFCNA COPYRIGHT**

We wish to acknowledge the Australian Faith Community Nurses Association, their Board and particularly Dr Antonia Van Loon who have allowed us to utilise and adapt their resource material. The New Zealand Faith Community Nurses Association is indebted to the on-going support which they have given us since our inception in 2001. We work on a similar model to that developed by Dr Anne van Loon based upon the work of Revd. Granger Westberg.

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